

Healthy hub

Dacorum



Healthy Hub Dacorum

Project Info

- The Healthy Hub Project falls under the priorities outlined in the Public Health Strategies (2014-17 and [2017-2021](#)).
- Phases Four and Five of the projects were to establish a “Healthy Hub” in each of the ten District Areas which could act as the basis of provision.
- ***‘A one stop shop for Dacorum residents, aiming to provide guidance on the services that will support your health and wellbeing needs.’***
- The Hub’s were designed in mind to be a physical and virtual venue where existing Public Health improvement services could be hosted. Such as smoking cessation clinics, NHS Health Checks, weight loss services, mental health awareness and drug and alcohol services.
- Since 2020 a total of £118k has been provided by Public Health to fund the Healthy Hub Dacorum project. This included funding a full time Healthy Hub Officer on a two year contract, commissioning services where appropriate and the day-to-day functioning of the hub itself.

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Core Offer

- Each Healthy Hub in Hertfordshire adopts a core offer that is in relation to what Public Health has defined as a 'Core Offer' of services to raise awareness usage and referrals.

PH Service	How HH link with service
Weight Management	Signposting to Weight Watchers (if residents meet referral criteria) Direct referrals to Weight Watchers
Sexual Health	Promoting services available locally so residents know how to access. Distributing testing kits (if hubs have capacity to do so at physical hubs).
Drug and Alcohol	Promoting services available locally so residents know how to access. Signposting residents to support services (where applicable). Change Grow Lives
Herts Health Improvement Service (including stop smoking service)	Promoting services available locally so residents know how to access.
Mental Health	Promoting services that provide mental health support such as: The Hertfordshire Partnership Foundation Trust (HPFT) Hertfordshire Mind Network

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Partnership Services

- **Live Well Dacorum-** In partnership with Hertfordshire Mind Network- Provides residents with physical and virtual peer support groups of 2 sessions of 2 hours per week for between 10-12 clients for 6 months for free.
- During these weekly sessions, clients will receive early access to help for people who are experiencing mental ill health and for those who are experiencing wellbeing needs in relation to the ongoing challenges that the Covid-19 pandemic presents.
- **The Wellbeing Hub-** In partnership with the South Hill Centre/ BBO Strive- 2 days per week a physical and virtual hub is hosted by the South Hill Centre for residents to freely use.
- During these sessions, residents can access the BBO Strive project that supports people back into employment. They can also access the services offered by the Healthy Hub Dacorum within the wellbeing hub. Other local services and organisations can also be present to provide workshops for residents to access.
- **Generalist Support Adviser-** In partnership with Citizens Advice Dacorum- funds a generalist support adviser 2 days per week to provide residents with support on a range of issues such as debt, housing, appeals, benefits, family/friends relationships and PIP forms.
- This support is through telephone appointments in which the Healthy Hub directly refers its clients to Citizens Advice or through people waiting on their casebook system.



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Highlights of Figures

- **Referral Figures-** Since its launch in June 2020, the Healthy Hub Dacorum has supported over 2,000 residents through its core offer and partnership projects with Hertfordshire Mind Network, Citizens Advice and the South Hill Centre. We have the highest referral figures in Hertfordshire compared to the other Healthy Hub's in local authorities.
- **Social Media-** We have a Facebook and Twitter account that is updated with posts regularly. On Facebook we have 301 followers and have reached over 83,012 people in Dacorum. On Twitter we 92 followers and our total tweet impressions are 51,291.
- **Newsletter Subscriptions-** Our monthly newsletter which launched in February 2021, we have over 100 subscribers, some are local organisations which forward the newsletter on to their colleagues or clients.
- **Healthy Hub Project Extension-** The Public Health team at Hertfordshire County Council have successfully been able to be awarded further funding for the Healthy Hub Project. As a result Tyler will be in post for a further 2 years with an option of a further year. However the funding only covers Tyler's post, so any future commissioning of services with partners will be through grant funding.

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Links

Healthy Hub Dacorum Webpage- <https://www.healthyhubs.org.uk/healthy-hub-venues/dacorum-healthy-hub.aspx>

Healthy Hub Dacorum Newsletter Sign-up Form- <https://eforms.dacorum.gov.uk/misc/healthyhubSignUp.html>

Facebook Page- <https://www.facebook.com/healthyhubdacorum>

Twitter Page- <https://twitter.com/HealthyDacorum>

Live Well Dacorum Webpage- <https://www.hertsmindnetwork.org/services-for-adults/groups-and-activities/live-well-dacorum/>