

## Apex in the Community and the Active Dacorum Hub Quarterly Reporting

DBC Strategy Commitment	Item	Location	Target Group	Partners	Funding	Outcome	Success Measures	Project Dates	
e.g Partnership working Tackling Physical Inactivity	<b>e.g Never Too Late Campaign</b> - Seeks to improve levels of physical activity in older adults. Dacorum will be running x2 sessions for 12 weeks: Sagalates and Seated Pilates	e.g Gadebridge Community Centre & Hemel Leisure Centre	e.g Older Adults	e.g Everyone Active & DBC	e.g £10,000 awarded from HSP	e.g The campaign seeks to improve levels of physical activity in older adults	e.g x2 sessions run in Dacorum	e.g 01/05/2021	
Apex KPI Reporting / Partnership Working	This Girl Can Campaign - looking to get girls/women more active in local HP2 area	Activity Hub	women 16yrs +	RG Dance	£2500 awarded by Community Fund Sport England	attracting new participants to the Hub and encouraging more activity through dance	1 or 2 sessions at Hub	Oct-21	
Apex KPI Reporting / Partnership Working	Walking Football	Adventure Playground Astro Pitch	Older Adults	Age Uk, DBC, Active Local	£2,000	To engage with local older adults who live a sedatory lifestyle and encourage physical activity and socialisation.	x1 60 min session a week	May 21	
Apex KPI Reporting / Partnership Working	Apex Football	Active Dacorum Hub	Adults and Young Children	N/A (See Walking Football)	N/A	To Encourage local participation in Football and physical activity	Weekly 1 hour sessions	May 2021 onwards	
Apex KPI Reporting / Partnership Working	Apex Football	Active Dacorum Hub	Young Children (u11)	Apex Football	N/A	To Encourage local participation in Football and physical activity	Weekly 1 hour sessions	MAy 2021 onwards	
Apex KPI Reporting / Partnership Working	Partners (Viking Circle Fitness, The Den Strength and Conditioning and The Recovery Lab)	Active Dacorum Hub	N/A	N/A	N/A	To Encourage local participation in physical activity and Sports Rehab.	Various Sessions depedent on Partners	MAy 2021 onwards	
Apex KPI Reporting / Partnership Working	Studio Bookings (hires)	Active Dacorum Hub		Boxmoor Yoga, make a move dance, Hilt Class,	N/A	Offer/host opporunites for Communities in various fitness and dance groups.	Various 1 Hour Bookings accros Monday - Friday	April 2021 onwards	
Apex KPI Reporting / Partnership Working	Apex Netball	Cupid Green/Tennis Courts	Adults 18+	England Netball	N/A	To Encourage local participation in Netball and physical activity	x1 60 mins session (walking Netball), x1 60 mins session(Back 2 Netball), x3 60 mins (Netball Clubs), Junior Camp x 2 days	England Netball sessions start Mid May, Club sessions Start May	
Apex KPI Reporting / Partnership Working	Apex Tennis	Cupid Green/Tennis Courts	All Age Groups	DBC	N/A	To Encourage local participation in Tennis and physical activity	Daily	April 2021 Onwards	
<b>Completed Items</b>									
Apex KPI Reporting / Partnership Working	Grovehill Scouts Tennis	Cupid Green Tennis Courts	Local Beavers Group 6-10 year olds	Grovehill Beavers, Active Local, Lawn Tennis Association, Herts Tennis Association	£100	To introduce Local Beavers to Tennis and help them to achieve various Badges.	x1 60 Min Session	9th June 2021	

Key	
	Completed Item, See Completed Table
	Priority Action
	New Item